

Society of Rogerian Scholars

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Key Word:

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This paper was presented as part of a panel addressing two questions from the perspectives of representatives of the Society of Rogerian Scholars (Jacqueline Fawcett), the Roy Adaptation Association (Fernando Aro De Lost Reyes), the Society of the Advancement of Modeling and Role Modeling (Margaret Erickson), and the Watson Caring Science Institute (Marlaine Smith).

Another panel addressed the same questions from the perspectives of representatives of the Transcultural Nursing Society (Edith Morris), the King International Nursing Group (Patricia Messmer), the Neuman Systems Model (Teri Lawson), the Orem International Society (Donna Hartweg), and the International Consortium of Parse Scholars (Deborah Latcher).

I would like to acknowledge Danny Willis, who had been selected by the Society of Rogerian Scholars Board of Directors to represent the Society on this panel. Danny, however, could not be here due to other commitments at the University of Wisconsin-Madison School of Nursing, where he serves as an Associate Dean.

***Question 1:** Describe how Rogers' Science of Unitary Human Beings can be applied in Nursing (Access to Health Services; Clinical Preventive Services; Environmental Quality; Injury and Violence; Maternal Infant and Child Health; Mental Health; Nutrition; Physical Activity and Obesity; Oral Health; Reproductive and Sexual Health; Social Determinants; Substance abuse; Tobacco). (Healthy People 2020, US Government).*

Human beings and environment are coextensive/inseparable unitary energy fields in Rogers' Science of Unitary Human Beings. Energy fields are patterned, which are manifested as perceptions, expressions, and experiences. Nursing practice informed by this conceptual system focuses on pattern appraisal and manifestations. When the nursologist is fully present and engaged with the patient in a mutual process guided by Rogers' Science of Unitary Human Beings, there is an intentional, purposeful and meaningful exchange of energy. More specifically, practice is guided by the development of several mid-range theories that have been derived from the Science of Unitary Human Beings.

An example of the nursologists' approach to the patient guided by this conceptual system is:

PATTERN MANIFESTATION KNOWING AND APPRECIATION—ASSESSMENT

Nursologist: Please tell me what you have been thinking about and feeling recently?

Patient:

Nursologist: Do you remember having this experience at other times?

Patient:

Nursologist: What did you do at those times?

Patient:

VOLUNTARY MUTUAL PATTERNING

Nursologist: Would you like to try [a non-invasive nursing modality, such as therapeutic touch, imagery, meditation; relaxation; balancing activity and rest; unconditional love; attitudes of hope, humor, and upbeat moods; the use of sound, including music; use of color; use of motion, such as movement, dance, and exercise; health education; wellness counseling; nutrition counseling; meaningful presence; meaningful dialogue; affirmations (expressions of intentionality); bibliotherapy; journal keeping; esthetic experiences of art, poetry, and nature;

collaborative advocacy; and computer-based virtual reality]? *Note that Yoda, of Star Wars fame, told us: Do or do not; there is no try!*

Patient:

PATTERN MANIFESTATION KNOWING AND APPRECIATION—EVALUATION

Nursologist:

Patient:

Nursologist:

Question 2: *How would nursing change if it was totally directed by nursing theory? What would be the benefits to the profession and society?*

I thank Katherine Rosa for her substantial contribution to answering this question.

In a world where nursing is directed by nursing theory, rather than from the theories of other disciplines, patients and nursing professionals would have many opportunities to be fully aware of themselves as humans in a process that involves mutual dialogue, healing, and wellbeing. Rogers maintained that humans will one day recognize their potential in a new form, which she called homospacialis, which conveys acceptance of the multidimensional nature of the boundarylessness that characterizes human and environmental energy fields. This awareness has enormous potential for extending abilities and potentialities. Patients engaged in a relationship with a nursing professional will have expanded opportunities to deepen their awareness of their health patterning and wellbeing via movement, humor, human energy field modalities, and art. We know from oral traditions and writings about Eastern mystics, Western saints, and indigenous shamans that

humans have the capacity to perform what are now considered extraordinary feats. Mind-to-mind communication and compassion strong enough to heal wounds of war are just two examples. The creative capacity of nursologists in a profession directed by nursological theory to benefit the human condition is boundaryless in scope. Through our pandimensional awareness, nursologists will increase human capacity for presence. love, caring, expanded consciousness, and wellbecoming.

In summary, use of Rogers' Science of Unitary Human Beings engenders an exciting, stimulating, and uplifting way of thinking about nursology and nursologists' practice.